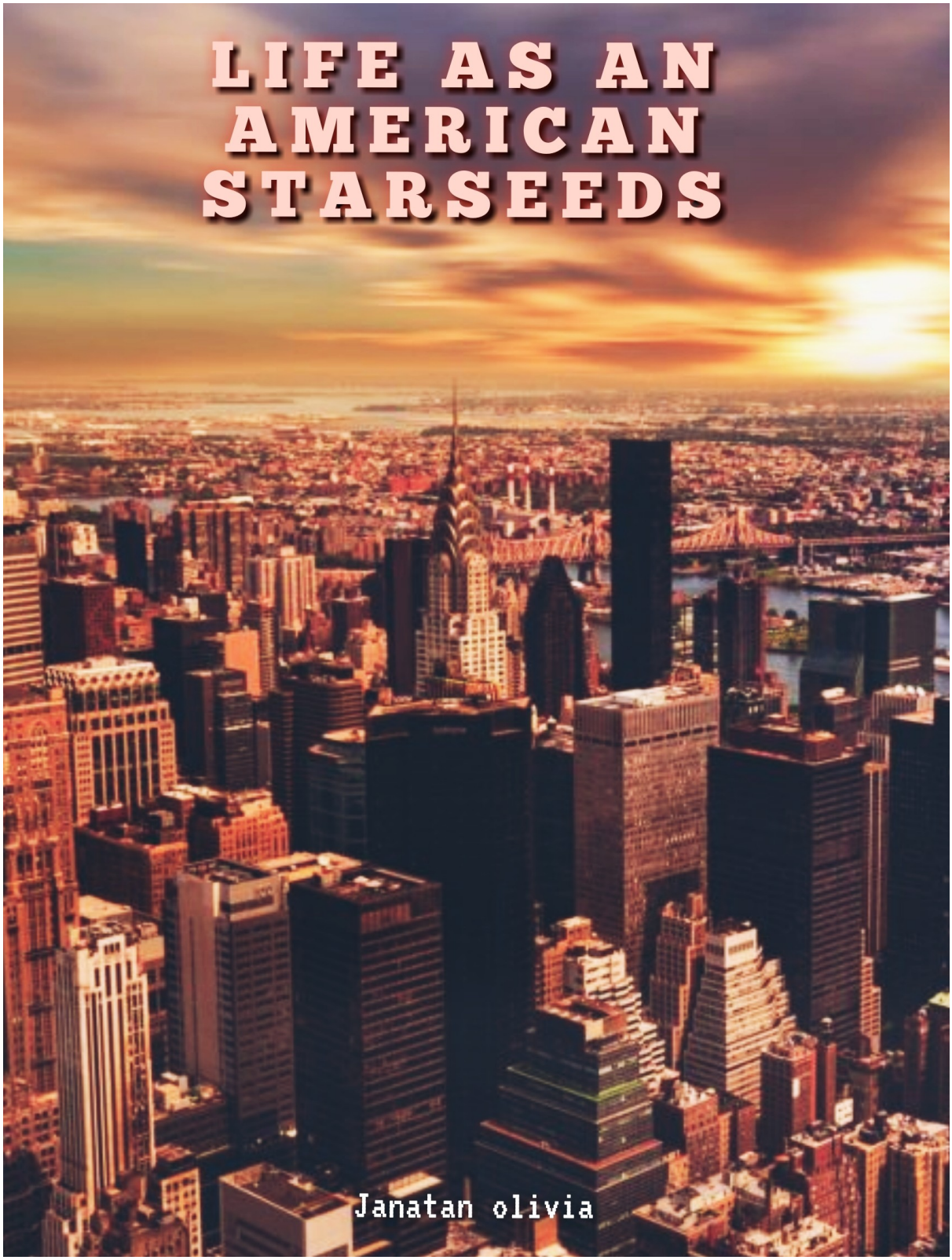
LIFE AS AN
AMERICAN
STARSEEDS
Janatan olivia

# Life as an American Starseeds

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## Introduction

If you have started this book, you are probably curious about the topic of star seeds.

Starseeds are individuals who don't consider themselves native to planet Earth and believe that they can continue their own lives in other planet and realms after the physical body's death.

These individuals also believe that they have lived on other planet before and learned to come to a place like Earth.

The American society is like a fish tank or an aquarium that, willingly or unwillingly,

can showcase all of its entities to the people of this planet.

Studying such a society cannot be easy, but for those starseeds that have reincarnated in this country. It seems like an unavoidable subject.

Hearing these words may simply raise questions in the mind of the listener, including: What reason is so strong that it causes some to be instructed in reincarnation and traveling to planets like Earth, and spend a long period in a physical body of human Earthly genetic and evolutionary cycle?

The answer is that just like the people of this planet, there are beings all over the world seeking different ways to increase their lifespan and preserve their existence.

Good and fertile soil or a planet that has a suitable environment for reproduction is the key challenge for all beings in the world.

The planet Earth has a much longer history than its current inhabitants can imagine. Some believe that one of the turning points in this history occurred around 12,000 years ago.

Some believe that the first intelligent beings who traveled to this planet and essentially seeded intelligent species like Earth humans are referred to as the Atlantean race.

The first racial group that these people attempted to create their physical bodies is called the Lemurians.

The Lemurians, although considered physically handcrafted beings of Atlantean people, could also be sometimes considered incarnations of beings from other realms in terms of their spirits.

No creature in this world can create identity and soul, we can only manipulate bodies and thus change the course of our evolution.

An incident that followed was that the Atlantean fathers were not sufficiently pleased with their creations, the Lemurians.

You may have come across individuals like Michael Tsarion on this matter, but it seems that Michael Tsarion himself is a

reincarnation of Lemurians who are actively working against human existence in the path of evolution, and a significant portion of the information they disseminate contains inaccurate information. Possibly in the continuation of this book, we will also explore the verification of Michael Tsarion's claims.

Well, Atlantis couldn't easily escape from the Lemurians, because this race, independently, began to create a civilization and perhaps they evolved at a faster pace than their Atlantean ancestors.

The task that the Atlanteans undertook was to create a new race with more limited abilities that could effectively play the role of servitude. They genetically

engineered what you see now, and you and I as starseeds, reincarnate within the bodies of these beings.

The abilities of human beings in Earth are very limited, and one of its weaknesses can be seen in the limited ability of this race to preserve survival and longevity.

## The War of Lemuria and Atlantis

Maybe we can consider the war between Lemuria and Atlantis as the greatest tragedy that this planet has even seen, and its effected still linger.

Although the names of these two civilizations no longer exist today, individuals carrying the memories of this war in their subconscious have reincarnated in human forms and, in turn, have had a significant impact on the history of this planet.

Many of the current scientists and elites of this planet are practically reincarnations of the Atlantean scientists.

But how did war change the destiny of this planet?

A war between the civilization of Lemuria and Atlantis bears many similarities to recent century wars in various respects, to a large extent, these wars had fascist roots.

Fascism and racism are considered fundamental problems across all planets and have led to various wars. Typically, some people believe that having a certain level of knowledge or particular inherited wealth makes them more deserving of life. Many of these interstellar wars simply occur for the acquisition of wealth and food resources.

Even interstellar wars can be said to potentially acquire stronger fascist and racist roots due to significant differences in evolutionary levels, knowledge among

different nations, or very pronounced physical disparities.

To this issue, add the problem of longevity for many of these breeds and population growth, which makes the need for essential life materials and living environment more crucial.

When it comes to Lemuria and Atlantis, consider not only Atlantis' inherent aversion toward its disobedient offspring, the Lemurians, but also their desire for acquiring more territories.

In many sources, you may be told that Atlantis, the negative side of the story, and the Lemurians, were the victims and oppressed of this war; but as someone who has been a citizen of Lemurian civilization during this war, I need to plant

this possibility in your mind that both sides of the story had their own warmongers and believed themselves to be a superior race.

The racial arrogance is observable even in civilizations that, in term of evolution, have a significant distance from Lemuria and Atlantis.

As a result of the long-lasting war between Lemuria and Atlantis, a widespread genocide took place, but at that time, it was clear that there were individuals who had no interest in intervening in the war.

Only a very small portion of the surviving people of Lemuria and Atlantis migrated underground and still live in their subterranean realms.

Living underground is a very safe way of life. Maybe if you told someone a century ago that a civilization could live underground, it would have been laughable, but today we know that the remains of underground cities built by our ancestors (although very primitive in form) are still observable. Of course, modern humans are also capable of building their own tunnels and underground cities and in this regard, have very advanced equipment available.

Imagine beings with significantly higher levels of evolution than today's human living on Earth. What actions would they take to build an underground city?

Some believe that many vast deserts that exist in the surface of this planet right

now have been formed as a result of atomic bomb explosions that were used during the wars of Lemuria and Atlantis.

But how has this war affected the entire history of this planet up to today?

When the Lemurians and Atlantians started their wart human-like species also lived on this planet, and our present civilization is the result of the survival of these species, which are considered as the second generation of the Atlantean creations.

It can be imagined that in the unconscious of many Atlantean beings, earthly humans are still nothing more than mere slaves. Racist thoughts are also noticeable among Atlanteans who have incarnated in the form of earthly humans.

The characteristic of these individuals is generally a bright blue aura of energy around them, and they are often among souls with advanced age.

## The Galactic Federation of Light and things you need to know about it

The Galactic Federation can be considered as a very extensive and ancient type of organization or mechanism that existed long before the Lemurian and Atlantis wars, overseeing the functioning of planets a galaxy.

As the name of this federation implies, this organization claims to operate based on the laws of love and light and considers itself the antithesis of wickedness and abnormality.

The Galactic Federation of Light is one of the key terms you will repeatedly encounter in various sources discussing star seeds, although it is important to note that many rumors are also attributed to this federation.

One of the most ridiculous claims attributed to this federation is the federation's interest in personalities like Trump, and even in ridiculous portrayals, individuals within the federation, including Ashter, are depicted while shaking hands with Trump.

The Galactic Federation of Light is a crucial milestone in the journey of starseeds to different planets. Many starseeds have undergone various training programs within this federation.

Of course, taking educational courses is not mandatory, and many starseeds have traveled to a planet like Earth In a beginner form without taking remarkable courses.

The performance of individuals who have completed their training courses with more responsibility and commitment is usually more remarkable and admirable on earthly manifestation.

It is expected that spirits who have had different reincarnations and have spent a longer period of time collaborating with

the federation may demonstrate better performance.

Usually in the early reincarnations, one cannot observe remarkable performance, but gradually, spirits learn to use their earthly life to create a significant evolutionary leap.

One thing to know about the Galactic Federation is that it involves the presence of various scholars from multiple races, some of whom have been former travelers of planets like Earth.

These teachers, also known as light masters, play a crucial role in the evolution of starseeds in an earthly incarnation. Many starseeds claim to be contact with light masters in their dreams or telepathically.

You can imagine that after completing a considerable evolutionary course, you too can play your role as a light master in the Galactic Light Federation.

In its simplest form, becoming a light master is equivalent to having a significant social status in high-level societies.

## Racism in the Galactic Federation

Some believe that intergalactic debates stem from metaphysical and intricate events with very mysterious roots; however, it could perhaps be said that we

are facing patterns that are both very familiar and yet complex.

As someone who has spent a significant portion of their life in the educational environment of the Galactic Federation, I do not know anything more obstructive to my own growth and that of other individuals joining this federation than racism and fascist ideologies.

There are several racial groups that have claimed a greater share of the population in planets like Earth and in the Federation. We know them by the names of Arecturians, Sirians, Titans, and Pleidians.

Racism manifests in various forms across all racial groups. The reason behind this is primarily linked to the specific powers that each of these races have acquired.

The Titan race considers itself as the race of gods and their aura is usually in emerald green color or various shades of green.

The skill that this racial group acquires from childhood is related to direct combat and warfare.

These individuals, when traveling to a planet like Earth, primarily become part of the military forces or take on roles in management and leadership. Sometimes they can also be observed among the spectrum of healers and politicians.

A significant portion of bullying and racist behaviors observed within the Federation environment, and even in gatherings related to starseeds in Earth, are related to behaviors exhibited by Titans.

Sometimes I have seen starseeds of Titan breeds in my lifetime, were they don't remember anything called the Titan breed but strongly exhibit fascist and racist thoughts towards the new racial group they were born into.

Darkness doesn't necessarily enter our lives through mysterious rituals and metaphysical events. Simply put, when your mind gets caught up in groupthink and racist thoughts, darkness will find its way into your life.

A letter to Michael Tsarion

I thought it's better to inform you myself about the new things I published about you. I don't like informants; because they are usually not trustworthy narrators.

I consider your lack of clear attack as a sign of your high intelligence level. Although Castaneda, like you, is one of the Lemurians, it can be imagined that excessive drug consumption has clouded his judgment and prevented him from showing much restraint against the temptation of fighting.

As a Lemurian, you don't seem that complicated. Although I wasn't originally one of you, living alongside you has taught me a lot. Including that you are very ruthless and envious, and the way the Atlanteans have treated you has led you

to believe that you are lowly and backward.

Certainly, it should be mentioned that beings from other civilizations, especially Arcturians, did not have particularly interesting interactions with you. Don't worry; I have also suffered from encounters with these fascist beings. The only difference between me and you is that I don’t let anyone determine my worth and I do not belittle myself in front of evil creatures to gain more advantages.

Let's talk about some of the lies you've told. For example, why do you think Lemurians have been very good kids and well-behaved? Or why do you want people think so? Is it because you, as one of the

Lemurians, are the exemplar of corruption?

It is better to say that although Atlanteans may enjoy lying, they often do not lie about their fascist ideas. They do not want to equate their race with other races. In the end, there must be people like you to instill in the fighting Lemurians and other star seeds who are interested in peaceful thoughts the feeling that it is necessary to accompany the ideals and frivolous traditions of Lemuria to find their own path to happiness.

"By the way, are you still imprisoning yourself in heavy and exhausting projects

to gain the approval of the Atlanteans for gene editing and survival surgeries?"

I have a great interest in fortune-telling and divination, and I used to make genuine and dignified predictions for my friends. As a Lemurian, I still have a ticket from you.

I predict that not even half of me will live, and when I am still a young and attractive woman, only a memory of you will remain. Perhaps even now, you are not considered particularly important in the planets beyond Earth. You will never be able to obtain a complete and flawless gene from yours higher-ups. They want to be reptilian or Atlantean.

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## Reincarnation or Transmogrification?

In some languages, there is only one word to refer to the concept of reincarnation, but in English, various types of reincarnation have been distinguished from each other. "Reincarnation" refers to a time when we are born into a new physical body, forgetting much of our memories and life story, and essentially starting anew. This term may also possibly describe the quality of stellar seed reincarnation, as often in the early

years of life and sometimes until the end of life, we do not remember anything specific from our past.

But Transmogrification refers to a time when you remember all the events of your previous life and simply transfer to a different body. Many fantasy novels that are written about reincarnation are like this, and the main characters never forget their previous lives.

Reincarnation can greatly influence our experience of life and evolution. This especially holds true for individuals who need a fresh start to discover themselves and improve their personality.

Traveling to planets like Earth can have various benefits, some of which have been discussed before, but it is good to know that there are also personal goals in the journey of a starseed.

Some of us are seeking to make amends for our past mistakes that have jeopardized our citizenship in advanced civilizations. A healthy and thriving presence in societies such as planet Earth can prove to our fellow compatriots that we have the ability to reintegrate into society and reclaim our lost standings.

Another point is the acquisition of points for physical evolution. Bodies that we use in our primary civilization require various costs to gain genetic points that lead to survival and longevity. One of the advantages of experiencing earthly reincarnations is gaining points for this physical growth.

The work that is incumbent upon us in a earthly life is inspired by patterns that we can demonstrate in a growing society. Any service that can help a community progress and transform into a pioneering society is considered a kind of privilege.

Each individual can discover and pursue their mission based on their talents and

interests. This spiritual mission, commonly referred to in spiritual sciences as "dharma," will not only bring collective benefits but also help us evolve to a higher level of development.

One of the obstacles to becoming a leading star seed is getting caught up in karmic cycles or seeking revenge, which will be discussed further in the next section.

## Karma, personal retaliation, and revengefulness

When it comes to the topic of karma and seeking retribution, above all, I remember the words of an individual named Kryon. Kryon is one of the most active beings who has presented his words about reincarnation and starseeds to beings on this planet.

He has been active in this field for years and he can be considered one of the most successful beings from other dimensions in conveying his words and messages to the earthly realm.

When I try to express my criticisms of Kryon and tell others that he is not a benevolent being but rather seeks to manipulate consciously and harm

humans, it is hard for anyone to believe me; because Kryon uses very beautiful language to convey his words. He has said very beautiful sentences in describing spirituality and spiritual growth that have sometimes inspired others.

But which part of her words are corrupt? The thing that is more than anything in Kryon's words, abnormal and misleading, is her words about karma and how to go through this cycle. According to Kryon, karma is a very tragic story for suffering, and all of us humans living on planet Earth are criminal beings who must surrender and be patient in the face of the suffering that comes to us. She impresses upon her audience that suffering is our right and it

is necessary to be patient and forgiving towards those who cause us suffering.

Such an approach to karma is not a new subject, and many individuals other than Kryon have also addressed it before, inviting humans to be more passive in the face of suffering and life's challenges.

The point is, firstly, you don't know if the suffering you are experiencing is truly a result of a mistake you made in the past or not. Either way, any suffering we endure is not necessarily a consequence of a past mistake. Secondly, others may have a right to seek revenge against us for the harm we have inflicted upon them, but

this does not mean our passivity towards crime and abnormality within society.

Following the words and teachings of Kryon is a good idea for getting stuck and going backward evolutionarily. People like him do not allow humans to grow and realize their potential; instead, they imprison us in a chain of suffering and tragedy.

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## The power of capitalism system

Certainly, you have heard much more about cults and secret organizations like the Illuminati and Freemasonry or similar organizations than I have until today.

These organizations, despite their hidden and secretive aspects, are informally recognized and understood by people.

Our general perception of such organizations is that they try to control people's minds and exploit us to gain a lot of power and wealth or to pursue other sinister goals.

Bloggers enthusiastically and somewhat protectively create videos or content about secret societies, attracting the attention of others in this way.

Sometimes even bloggers themselves overlook the point that merely "knowing" about these secret organizations is not enough, and "knowing" should lead us to make a change in our way of life.

I don't think getting rid of the Illuminati or Freemasonry would improve our planet's situation. Just eliminate one of these organizations; the demand to establish a similar organization is so high that immediately, like mushrooms, another organization is set up.

We forget why people want to work in these organizations and give them power.

I don't think the main threat is the existence of organizations like the Illuminati, but rather our support and collaboration in gaining power over social viruses, such as the corrupt patterns present in the capitalist system, which can lead to the formation and empowerment of such organizations as well.

Many individuals who join secretive organizations like Freemasonry are clearly seeking social power and money, and we overlook the fact that even among the middle and lower classes of society, there is a significant degree of nonchalance about how to deal with financial and monetary systems.

Maybe on other planets, monetary and financial systems may differ greatly from Earth, but it can be imagined that beings, to gain advantages similar to money and gold or social power, collaborate with organizations and intellectual systems that, even if not overtly sinister, have a dubious nature.

It is very important to critique and examine our own cognitive and economic systems, and by offering our workforce to these organizations, let's not empower the cycle of war, massacre, and violence.

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## Peace connects our roots

Visualizing what societies in other planets are like, what kind of social atmosphere they have, may be challenging for us. Typically, we might even feel doubtful and skeptical about the existence of civilizations beyond planet Earth.

As long as we do not observe other civilizations with our own eyes, we will not be able to provide a definitive opinion on the existence of extraterrestrial beings. However, we can compare different probabilities with each other.

One of the reasons that always keep the possibility of the existence of extraterrestrial beings and other civilizations alive in our minds is the vastness of the universe. It's hard to imagine that only Earth, among the many planets in the universe, provides a suitable environment for life and the presence and evolution of humans.

Even if all the discussions about the level of spirituality and well-being or the amount of mischief of extraterrestrial beings are lies; it can be considered possible that they have civilizations that are completely parallel and similar to ours and face challenges similar to the current situation of societies on planet Earth.

I don't think that encountering space civilizations requires a third eye or highly advanced technology, but rather we are facing significant challenges in creating peace, both in interacting with other planets and on our own planet Earth.

Peace cannot be achieved by creating war and dropping atomic bombs and killing humans. Peace requires negotiation and persuading both sides. Peace is a two-way agreement that we, the people of the Earth, have repeatedly shown that we are very weak and powerless in creating this situation.

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## American Revolutionary War

Since this book is specifically written for the American society, it is better to refer to one of the key historical points of this land.

The American Revolutionary War, influenced by the emergence of kind of nationalist sentiment, reached a stage where it could create a new chapter in American history.

The result of this revolution is full of war and blood, leading to the emergence of one strongest party in the United States today, the Republication Party.

Bloody revolutions are so prevalent on this planet that nowadays, fewer people can imagine establishing peace and democracy without triggering a bloody revolution.

The point of the matter is that after passing many long years and advancements in the scientific field, we still haven't been able to come up with a gentler idea for transformation.

The fact that the only way to bring about positive change is through bloodshed, violence, or genocide, is indicative of fundamental weakness in our global consciousness and collective creativity.

The American Revolutionary War may be seen as an epic conflict with very positive outcomes from within, both for those who

are inherently American and for those who are simply found of the American dream, appearing inspiring and heroic. However, this issue can also be viewed from another perspective.

America was nothing but a colony and conquered territory even for those who won in the American independence war, and you better than me know that this region has come to its current inhabitants by force and shedding the blood of many indigenous people.

The result of the American independence war was to largely relegate the initial conquest of this continent to oblivion. The nationalist fervor that arose as a result of

the American Revolution and Independence was solely to rally the people behind this war.

Currently, the tug-of-war between Democrats and Republicans can be seen as a very formalistic and futile struggle, as these Democrats themselves are trampling on a heritage forcibly taken from Native Americans and its original inhabitants.

There is no real and prominent liberal in American society. A celebrity who pays their taxes to fund more wars and colonization in other countries and acts in movies that provide more wealth for Hollywood and American society can only

claim to be liberal on paper. An intellectual who only talks about democratic ideals in their books but in practice spends a lot on studying at American universities cannot confidently talk about their own democratic values.

Even if the most democratic presidents come to power in American society, it cannot be said that American society, on average, is a democratic society because the democracy we see today, both in America and in other countries that claim democracy, is an artificial and deceptive democracy.

The minimum feature of a democratic society is that the majority's vote be

important and acted upon rapidly. The only things government systems want from you are your vote in ballot boxes, your blood in battlefields, and your workforce in business systems. Words of a famous American during elections may be significant, but when it comes to SAG-AFTRA protests, months of protests and efforts are needed for the temporary attention to be paid to the demands of those participating in the protests.

It's a lie to say that after these protests, the demands of the participants in the protests were fully addressed. The shadow of artificial intelligence still heavily weighs on various art-related businesses, and for businesses

dependent on artistic productions, it doesn't matter whether artificial intelligence increases their income or humans'. Sooner or later, they'll pursue an idea that can be more profitable, even if these ideas lead to the removal of real actors from artistic and media productions.

America is not a democratic country. None of the countries on this planet can claim to be truly democratic. We are under the control of belief systems, and by looking at the current state of the media, you can see that bad ideas are not only in the minds of powerful and wicked individuals, but with great power, they lead

to various divisions and collective emotional movements.

The American society is still a strongly devout and Christian society. Christianity is not only largely unquestioned in America but also enjoys a very high legitimacy among believers in God in other countries.

Maybe at first glance, it may seem that this religion can be very effective in creating peace and purity, but some support from the American people for the Palestinians can be seen as a result that these man-made and viral religions have not been so criticized.

Assuming there really is a god in this world, which of us can say that such a god is Christian or Muslim? Religions are just made by humans like you and me to control our societies and create more wars.

The inner conflict in Palestine is a two-sided conflict and neither side can claim to be less warmongering and violent than the other. Peace in the literature of Muslims and Zionists in this region is like a joke. This characteristic is found in many biased and religious people around the world.

Religion encourages war literature and the current support of the American people

for the people of Palestine can in no way help increase peace. Your participation in the American economic system and empowering its war-hungry government contributes to creating crises worldwide and has also turned America itself into a crisis.

Supporting Palestinians in your American style is like supporting another warmongering religion, like Christianity, and you will understand its result when Islam gains power in American society. When the state of democracy in your society deteriorates from its current state, religious and sexual minorities, just like in countries where Islam has become their

dominant power, are systematically murdered and suppressed.

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## How can we figure out what mission we have on Planet Earth?

Understanding this issue can happen in different ways for each individual. Even people who are native to planet Earth and have not accepted a specific mission before, if they evolve and show interest in progress, can receive missions.

These missions do not have a complex structure and are not communicated from strange sources, but they can be seen as the result of joining and accepting the laws of the Interstellar Federation.

Some starsedds, before arriving on earth, have been educated about fulfilling certain useful social roles and have sometimes signed contracts that, if implemented, can earn them significant social points.

Depending on each person's abilities and interests, there may be different missions. Also, not every starseed necessarily has a specific mission and their contract may involve both a task for group work and a

personal task. This stems from the fact that group tasks result from the participation of several individuals, and the likelihood of a group of starseeds coming to agreement and compromise in an earthly life is very low. Therefore, for individuals who may be interested in pursuing their missions, a personal mission is also considered.

But there is something beyond the mission, and that is constant evolution. It means that our mission on Earth may come to an end, but we always need choices that help us in our growth and evolution path.

For example, it doesn't matter to me whether my mission has been

accomplished or not right now. In any case, I continue to study and research, finding the necessary tasks for evolution. I think this is what is primarily introduced as Dharma in spiritual sciences.

Dharma, like Karma, may have been depicted at times with extreme, diseased, and suspicious interpretations, but in simple terms, it could be said that Dharma is the very song of decision-making that helps us on our path of growth.

To achieve Dharma, it is not necessary to have bizarre metaphysical experiences; instead, it might be better to find an optimal answer to this question: How can I play my most useful role in the current circumstances?

We are somewhat aware of our talents and potentials and also know our interests well. It is only necessary to consider collective happiness and make a decision that is not only beneficial for ourselves but can also help improve the quality of life for other human beings.

Following a spiritual mission doesn't necessarily depend on an individual being familiar with literature on starseeds and the existence of other planets. Many people have traveled to this planet before without any knowledge of spiritual sciences, have gone through their evolutionary path, and are now evolved masters, engaged in life in the Galactic Federation of Light or other planets.

The driving force of these individuals or their common denominator can be considered a sense of responsibility. Regardless of the level of the society they live in and how dysfunctional it is, they have tried to play their most beneficial role. Certainly, this demonstrates that they can be deserving individuals for participation in more advanced civilizations.

Hence, it is crucial to be responsible towards all the people on this planet, regardless of their race, and seek out our most beneficial social role.

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## Eckhart Tolle

Eckhart Tolle may be considered one of the most successful and interesting mystics of the Western world, who has achieved significant social popularity through his books and talks. There are many like him, and more will be added to their number. Although individuals like Eckhart Tolle may not necessarily disclose revelations about star seeds in their talks, they clearly belong to those who believe in the spirit and some metaphysical issues.

The problem with people like Eckhart Tolle is that despite the very beautiful appearance they have, they do not go into important subjects and the ideas they

present to their audience are not necessarily effective ideas. I find people like Eckhart Tolle "waste of time" because it does not seem that their goal is to help the growth and development of others, but rather by appearance and beautiful words, they simply create a kind of illusion and temporary good feeling in the minds of their audience and then leave them to their own devices.

Words of people like Eckhart Tolle are presented as mystical and spiritual, but personally, I believe that many of these individuals have simply decided to present ideas that have no special value and in this way, convince those who are in some spiritual confusion to do nothing.

I consider this effort to waste time intentional and the hypocrisy of individuals like Eckhart Tolle very shameless.

## American Liberalism

This is a fact that major political parties in a country have a significant impact on shaping media productions, lifestyle, and people's worldview.

These days you can see the ideals of the two major parties, Republicans and Democrats, frequently in Hollywood productions.

Given the global nature of these productions, it can be observed that people from countries other than the United States also largely influenced by these media productions.

American liberalism, despite the significant criticisms it faces, enjoys remarkable popularity and legitimacy worldwide as it closely aligns with the ideals of peace.

The criticisms raised by Republican individuals regarding American liberalism are often superficially and selfishly

expressed, which more than ever boosts the legitimate face of the Democrats.

A point worth knowing about criticizing parties and intellectual patterns is that the enemies of a system of thought are not necessarily a suitable reference for judging and assessing the validity of a system of thought. To criticize, it is necessary to seek improvement and surpass the norms of society.

American liberalism has several fundamental problems. First, this liberalism sometimes seeks freedom that Democratic activists demand and therefore they are not particularly receptive to criticism and believe they have the right to achieve their freedom in any area.

When an idea can harm others and trample on many ethics, it can be questioned as a social virus and prevent it from gaining power.

At the time of writing this book, we are witnessing American youth supporting the massacre of Muslims in Palestine. Massacres and wars are happening in various parts of the world. The extreme support by some Americans for Palestinians is clearly a kind of misguided and abnormal support that legitimizes prevailing ideological patterns among Muslims.

Muslims throughout history and currently, have used their religion as a logical and emotional justification for widespread

terrorism and killings, as well as enforcing very inhumane laws around the world.

When the number of Muslims increases in Western societies, you will more than ever notice the abnormality of the worldview of these individuals.

Religion is a kind of mental illness, and perhaps for you American friends who still have a special belief in Christian ideals, this sentence may seem a bit unpleasant.

You can believe in God without living under the shadow of a prophet or a heavenly book. Religion has only caused division among us humans and led to designing sickening social norms.

The religion of Islam is a virus that has particularly exploited women and

individuals who are sexual minorities more than ever before.

Take a look at the impact of the religion of Islam on the situation of Middle Eastern countries. American liberalism advocates for equality and freedom for all genders and sexual orientations. Embracing Islam, like digging a grave, is for the ideals of American liberalism.

# Carlos Castaneda

Perhaps Carlos Castaneda can be considered one of the most successful individuals who have created a profound impact on the public culture with his books on the anthropology and mysticism.

His books are now being published in various countries and most importantly, they are an inspiration for those seeking a reason to justify drug consumption.

Castaneda is the writer of personal teachings under the name of Don Juan. In his writings, he introduces various characters. Thus, he is more a consumer for the thoughts and perspectives of those around him.

One of the interesting parts of Castaneda's books is his account of the consumption of hallucinogenic substances, which are also introduced as sacred plants.

Delusional substances in Carlos Castaneda's books are a way to gain metaphysical experiences and spiritual growth, and he has recorded these experiences in great detail. Castaneda's argument is that for the consumption of delusional substances, it is necessary to have metaphysical and spiritual experiences for spiritual growth. However, you know better than me that individuals with mental problems or those who consume various types of psychotropic

drugs or hallucinogenic plants can often report pseudo-spiritual experiences.

There is a thin line between illusion and perception. Typically, in each sleep cycle, we see different images that can be a representation of our perception and mental state, but consuming a hallucinogenic substance can distort this normal experience and turn it into an illusion.

Consumption of psychoactive substances is addictive and dependency-inducing. It is a fact that spiritual experiences are not meant to veer off from the path of real life and seek excessive and pathological pleasures. It is crucial that we remain vigilant and responsible about the society we live in. However, if you pay attention to

teachings like Castaneda's, he and his followers are inclined towards opting out. Even Don Juan advised Castaneda to refrain from taking pictures.

Most of Castaneda's reports are about wandering in the desert and loneliness, and the behaviors it reports from the students of Don Juan and Don Genaro are very sick.

In short, the use of hallucinogens cannot lead to spiritual growth. Pseudo-spiritual teachings, as they truly cannot create any specific spiritual impact on their audience's minds, seek to make money and attract attention with the help of hallucinogenic stimuli. Indeed, someone like Castaneda has been successful in this field, and personally, I have seen

individuals interested in drugs trying to justify their addiction by resorting to Castaneda's books.

Some of the information and reports within the Castaneda books may overlap with reality to some extent, but a significant portion of the content in these books is suitable for wasting time and creating unhealthy behavioral patterns.

Dun Juan was a citizen of Atlantis before the fall of Atlantis. At that time, Castanda was a citizen of Lemuria. Castanda also had an interest in presenting his thoughts and opinions to society at that time. His motivator for betraying and abandoning the Lemurian society was the animosity he received from the audience and citizens of Lemuria.

Citizens of Lemuria regarded individuals like Castaneda as fools, and these feed backs had an impact on Castaneda's subsequent decisions. He left Lemuria and joined the civilization of Atlantis, and his companionship with individuals like Don Juan began from that time.

## Edgar Cayce

Edgar Cayce is one of the powerful and well-known figures who have expressed a lot of information about the history of Lemuria and Atlantis, as well as metaphysical issues in his readings.

He has become popular primarily due to the predictions he has made, but the criticism raised here is directly related to the predictions attributed to Edgar Cayce.

There is no doubt that Edgar Cayce, an ancient and intelligent Atlantean, acquired unparalleled metaphysical powers over time. He tried to use his power to help others. However, this does not mean that his work was flawless.

It seems that Edgar Casey has become involved in a major irresponsibility that we

humans have not noticed on the surface, and as we read Edgar Casey's works, we are affected by it.

Edgar Casey was considered a threat to the interests of the dark brotherhood due to his immense power. Consequently, he was threatened and despite his awareness of the power structure, he accepted to live under the shadow of fear.

Much of Edgar Casey's predictions have been influenced by the opinions and desires of evil organizations. You might say to yourself that if I am threatened and the peace of my family and friends is at risk, I might do something Edgar Casey did. But none of these statements justify the irresponsibility that Edgar Casey has shown.

Considering that he may return to Earth again and live here, the irresponsibility he has shown only jeopardizes the society he intends to live in the future. One can imagine that the situation on Earth, even now indirectly, will impact the territory and current place of residence of Edgar Casey on this planet or another land.

The future is relatively predictable and this greatly impacts our performance. No good things happen if we as humans do not progress and demonstrate our worth. It is also necessary to be warned about the negative consequences of our actions.

Edgar Casey, by allowing dark organizations to manipulate what needed to be said, distorted these statements and

created false optimism about some issues and false pessimism about others. His analyses of the future and his predictions cannot be considered 100% reliable.

Except for the prediction section, a part of the content of Edgar Cayce's speeches is what I am more critical of, and it is the approaches he holds regarding the concept of karma. Edgar Cayce, like Kryon, has a deterministic and dark view towards karma, merely creating this anxiety within his audience that they are in the process of paying back and cannot escape this torment but must accept it. These approaches lead us to lose our critical approach towards society and the

personalities of individuals and give others the right to torment us.

Such an approach is very unhealthy and can gradually make us indifferent individuals. This path is not a spiritual growth and rather leads to evolutionary regression.

I see someone like Kryon as a deceitful and manipulative person who willingly plays the role of a villain, but someone like Edgar Casey I see as a cautious and fearful individual who irresponsibly used their powers.

## Ashter and the Silent Council

Ashter, the commander of the Galactic Federation of light. Contrary to some rumors and conflicting statements that can be seen in articles on the internet, Ashter is a good man and can be said to be one of the most responsible beings I have ever seen in my life.

He is under the supervision of a more powerful and larger council called the Silent Council and conducts his affairs under the oversight of this council. The members of this council are highly evolved and powerful beings.

We, as people on Earth, are on average at level 3 of evolution, but it seems that the members of the Silent Council may have advanced up to level 40 of evolution. This implies very high intelligence and wisdom, and their ability to oversee the performance of different civilizations.

I think these few sentences are the most important things we need to know about this tool and process. Moreover, it's neither going to benefit us nor is it likely to lead to a series of very weak possibilities.

You can always work with the energy of love, and there's really no need to understand the names of angels and how to harness their energy.

Entities of higher realms are owners of advanced computers that gather vast

amounts of information from across the cosmos and various civilizations. If the analysis of these advanced computers, which are the guarantors of our survival, aligns with the direct or indirect intervention of superior beings in an event, it can be assured that they are following these commands completely.

Nevertheless, in my opinion, whether there are superior beings or not, we humans can understand good and evil and strive for our own evolution and survival. We have the laws of love and survival in our cells and we can use our minds for growth.

A deed that harms no one and benefits all is in accordance with the laws of love, and

doing it is like working with the hands of God.

## Fifth dimension

The last section of this book is dedicated to a key word that you may encounter in literary star seeds, what is meant by the fifth dimension? Why is it often said that the Earth is moving from the third dimension to the fifth dimension?

Some of these descriptions are very metaphysical and otherworldly, but a very simple explanation of the concept of dimensions makes perfect sense to me.

The evolutionary level or the concept of dimensions can refer to the extent of mental evolution of a being, which includes their proficiency in utilizing various mental tools. Mental skills have a direct impact on shaping our culture, civilization, and the physical form of our lives.

Our art and scientific works speak about our psychological needs and deepest desires and emotions. In the world of psychology, we examine the inner and abstract needs of humans, and through

this, we will have the chance to discover the roots of many abnormalities.

Talking about the concept of dimensions requires another book and a lot more talking, and I don't intend to examine and elaborate on all dimensions I have become acquainted with so far here. Just regarding the 5th dimension, know that this is an introduction to improving the quality of life on Earth, but there can be much more beyond them.

Currently, we are not only lacking in advanced civilization but experiencing a kind of regressive evolution, which could potentially lead to extensive genocides.

Peace is a science and can be created through intellectual work.